

EMERGENCY FIRST AID AT WORK

Emergency First Aid at Work is a base level course which gives your staff the knowledge and skills to deal with everyday first aid scenarios in the workplace.

COURSE CONTENT

- ◆ Understand the role of the First Aider
- ◆ Preventing cross infection
- ◆ Recording incidents and actions
- ◆ Use of available equipment
- ◆ Assessing situations in order to act safely, promptly and effectively in an emergency
- ◆ Unconscious casualty (including seizure)
- ◆ CPR and use of an AED
- ◆ Choking casualty
- ◆ Wounded and bleeding casualty
- ◆ Shock
- ◆ Minor injuries first aid



The Emergency First Aid at Work course is a 1-day training course which is valid for 3 years, after which, a 1-day recertification course is required every 3 years.

Where does the training take place? Courses can be run at your home or workplace or we can provide a suitable training venue. Course timings are flexible and can be run on weekends and evenings when required.

How is the training delivered? The course is delivered in groups of up to 12, allowing all participants a high-level of instruction using both theory and practical training. The course is friendly and relaxed, ensuring confidence is gained - a vital element of being an effective First Aider.

Is the training accredited? Yes, our training is regulated by the relevant national organisation and certificates are issued by our awarding body. The training achieves the mandatory level set by HSE guidelines. We can offer 'uncertified' training as well as bespoke and enhanced training packages where specific risks are identified.

What equipment is used? We use the latest training equipment including resuscitation mannequins, AED training machines and first aid equipment to provide

YOUR INSTRUCTOR

QUALIFICATIONS

- ◆ Level 3 Award in Education & Training
- ◆ Level 3 Advanced First Aid Instructor
- ◆ First Aid Quality Assurance CPD
- ◆ Specialist instructor qualifications:
 - ◆ First Aid at Work
 - ◆ Emergency First Aid at Work
 - ◆ Paediatric First Aid
 - ◆ Defibrillation
 - ◆ Anaphylaxis management

EXPERIENCE

- ◆ 12 years as a medic in HM Forces
- ◆ Head of Medical Training at Westacre
- ◆ Head of Paediatric First Aid Training at DFA Northumberland

ACCREDITATIONS

- ◆ Regulating Body - Ofqual, SQA, Qualification Wales and CCEA
- ◆ Awarding Body for Certification - First Aid Awards (FAA)
- ◆ Approved Training Provider - Nuco

WESTACRE
Training

UNSURE ABOUT WHAT YOU NEED?

Get in touch for advice on your First Aid Needs Assessment - we can help you produce a plan which falls in line with recommendations in the [HSE L74 guidance](#).